



BOULWARE MISSION

Quarterly Newsletter



Thank You!

Thank you to our community partners for making Christmas at Boulware Mission Magical. This is a hard time for the clients, being separated from their loved ones, family, and friends, so the generous donations allows them to have a day to celebrate. We appreciate all donations, here is a list of just a few that were a part of the Christmas Magic.

- Eaton Memorial Baptist Church
- Owensboro Grain
- Unifirst
- Chestnut Grove Baptist Church
- Immaculate Men's Club
- Consolidated Mechanical
- First Free Will Baptist Church
- First Presbyterian Church
- First Christian Church
- First Baptist Men's Fellowship Sunday School Class
- Tony Blandford Memorial Charity
- St. Joseph's Female Ursuline Academy
- Apollo
- RWRA
- Owensboro Catholic High
- Highland Elementary School
- St. Martin Church
- Owensboro Daviess County Agents
- Commonwealth Rolled Plastic
- Immaculate St. Vincent DePaul



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Save
THE DATE
Friday, May 12th



January Wish List

- Sugar
- Pickles
- Ranch Dressing
- Mayo
- BBQ Sauce
- Rotel
- Soft Taco Shells
- Cooking Spray
- Taco Seasoning
- Coffee
- Pepper Rings
- Salsa
- Creamer
- 3-n-1 Body Wash for Men
- Spiral Notebooks one subject
- Stamps
- Large Bath Towels
- Cough Drops

use QR code to donate and we will shop



BentHawes
Golf Course and Park
1000 S. Main St.
Owensboro, KY 40301

Message from
Executive Director
Amy M Pride



**BOULWARE
MISSION**

Dear Boulware Mission friends, family, community partners and supporters,

2022 has been an exceptional year for Boulware Mission. We have been blessed with several grants, a non-profit grant awarded from the state of Kentucky, two fundraisers that surpassed their goals, and generous donations from businesses and individuals who continue to believe in Boulware Mission and the impact that we make in the community. We have added the necessary staff to help Boulware expand our services to help our clients overcome their addictions.

I want to personally thank everyone who has donated monetarily, in kind or food donations. I also want to give a huge shout out and thank you to our volunteers who have dedicated their time to help make Boulware Mission a home away from home for our clients.

The generosity of businesses and individuals during this Christmas season, will allow us to purchase new bedspreads, pillows, sheets, and nightstands for our clients. Over the next month we will be purchasing several NEW kitchen items to help our kitchen run smoother 365 days a year which is a total of 1095 meals a year that our clients prepare and cook.

With the continued growth comes needs, we will be remodeling and opening a new Long Term Transitional Living wing located in our current building as well as a Sober Living Home that is located next door to Boulware Mission. We are also looking to purchase a transit van that will allow us to transport clients to doctor's appointments, employment search, and outside meetings to help in the client's continued recovery. Yes, these are lofty goals, but we feel this will help with saving money, continuing classes, and return our clients to the community to be a part of society.

Thank you again for blessing us in 2022 and we look forward to sharing our progress with you in 2023.

Blessings,

Amy M Pride
Executive Director

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Giving Cans for Boulware

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**SCAN THE QR CODE
TO DONATE**

**Thanks for your
continued Support**

Our Annual Fundraising brings in 25% of the budget

United Way and DC Fiscal Court makes up 14%

Donations and Grants close out our budget with 61%

As you can see, donations are a blessing to us

New Employee Spotlight:

Jeff Berry
Transition & Admissions Director

Help us Welcome our Newest Addition to Boulware Mission!

Help us welcome Jeff Berry! He comes to Boulware with years of experience and has been in long term recovery himself for 6 years. Jeff said, "my personal experience and professional experience is all centered-on recovery and working with substance use and homelessness". His passion is to help individuals who struggle with the same issues that he struggled with. He said, "he has a passion for helping individuals and helping them find stability through recovery and empowering individuals". He has obtained a Bachelors Degree in Social Work from Western Kentucky University and is currently working on his Masters Degree in Social Work through Western Kentucky University. Jeff said "he is very excited to be at Boulware mission and believes in the vision and mission of this organization. He and his girlfriend have shared their lives together for the last 6 years, he has a 14-year-old step-son and a standard poodle named Zeus.



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DID YOU KNOW?

by Dr. RonSonlyn Clark

Gambling, both legal and illegal, happens everywhere. Gambling has been in existence since man drew hieroglyphics on cave walls depicting his gambling activities of throwing dice made of rounded sheep ankles for the day's meat kill to feed his family.

It is estimated that the 1-2% of the general population has a problem with disordered gambling with another 2-5% at risk of developing a gambling addiction. Within the group of substance abusing individuals, that estimate rises to 30-40% with a co-occurring gambling disorder. Failure to treat both addictions for vulnerable individuals will result in increased chances for relapse to one or both diseases. This is a risk we cannot afford to take with the suicide attempt rates for disordered gambling at 20% which makes this the highest for any mental health disorder.

The growing issues of gambling in Kentucky has led us at Boulware Mission to offer gambling services. We have the expertise and the capacity to meet this need.

Disordered gambling is a public health issue. An analysis of gambling prevalence studies done by Dr. Scott Hunt of EKU indicates just how prevalent this is in Kentucky.

- 102, 491-165,791 Kentucky adults with problem gambling traits
- 47, 020-64-435 Kentucky adults with gambling addiction
- 9221-15,816 Kentucky college students with gambling addiction
- 9500-15,759 Prison/probation/parole adults in Kentucky with gambling addiction
- 73% of those with gambling addiction have an alcohol disorder
- 50% of those with gambling addiction have a mood disorder

Boulware Mission is offering both outpatient and residential gambling addiction treatment and will be the first and only program in Kentucky to do so. We are excited to be opening this new venture and look forward to the benefits it will have for our treatment clients who have co-occurring gambling disorders and for the new clients we will be serving. The need is here, and our facility is uniquely positioned to offer this very needed service.

Our treatment staff is composed of RonSonlyn Clark, PsyD, LCADC, CCS, NCC, MAC, ICGC-II, BACC, CGT who is currently our Addiction Recovery Program Coordinator. Dr Clark has over 34 years of clinical experience and currently serves as President of the KY Council on Problem Gambling and several other national and international gambling boards. Kathy Oakley-Huitt, MS, LCADC is the Treatment Coordinator and is under supervision for her ICGC, will be assisting with the clinical programming.

For additional information, contact Boulware Mission at (270) 683-8267.

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Chaplain: Mark Watson

Client Testimonial by Nick Nies



Recently, we had the opportunity to speak with Nick about how he was doing since he completed the program at Boulware Mission.

Nick talked about the serious charges he was facing due to his addiction. He said, "I was court appointed for trafficking drugs and was thankful that the judge sent him to Boulware Mission to face his demons". He was very open about his addictions that he faced before coming to Boulware Mission. He talked about his lack of faith in himself which has led him to establish a healthy routine in his life to provide structure to help him be successful believing in himself.

During the interview, he alluded to he has never identified with any type of religious belief. He often felt left out, and on his own, because he hadn't ever incorporated God in his life. Nick said, "to those who don't lead with any type of specific religion, you are still worthy of sobriety and can achieve that if you're willing to dedicate yourself and put in the hard work". Nick also said, "Boulware Mission provides tough love, but love nonetheless, which is something many people need once they're in such a low and dark place that seems impossible to escape.

We asked him once he completed the program and moved on from Boulware Mission what his sober life has been like and what has he been doing? Nick said "he has better clarity on how to build positive relationships and that has led him to be in a manger roll with his employment. He has become so thankful to the place that saved his life "Boulware Mission"

Nick closed by saying "I recommend Boulware Mission to anyone struggling. It provides a strong foundation, especially to someone starting from scratch and trying to rebuild their life. It offers the tools to be successful in everyday life".

This is definitely a testimony that **Boulware Changes Lives One Day at a Time!**




BOULWARE MISSION

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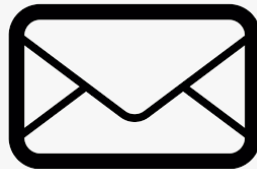
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